

Liberty Bell Summer Workout schedule

Tues – Thurs, May 30-June 1* 8:00-9:30am

Mon- Wed, June 5-7 *8:00-9:30am

Mon- Wed, June 12-14 *8:00-9:30am

Mon- Wed, June 19-21 *8:00-9:30am

June 26-July 9 DEAD WEEKS (nobody on campus)

Mon- Wed, July 10-12 *8:00-9:30am

Mon- Wed, July 17-19 *8:00-9:30am

(Shorts, helmets and shoulder pads only) 17-19

Mon- Wed-Thurs, Thurs 24-26-27*8:00-9:30am

(1stDay of full pads 24-26-27)

Aug-3rd (scrimmage TBA)

Aug-5th Media day (Kermit Tipton Stadium)

Coach Austin [Email-austinm@jcschools.org](mailto:austinm@jcschools.org)